2017 Annual FALL LECTURE

The Science Behind Alzheimer’s Disease Prevention & Brain Health

October 4, 2017
5:00–8:00 PM
Gordon Dining & Event Center

Program & Agenda

Health professionals can earn 0.3 CEU credits by attending this event. Visit the Registration Table for your yellow CEU application, and turn it in at the end of the event.

FREE CEUs!
AGENDA

5:00–6:00 PM
Healthy Aging Resource Fair and Refreshments

6:00–8:00 PM
Program

Welcome and Introductions
Carol Koby, Executive Producer/Host, “All About Living” on Mid-West Family Broadcasting

News from the Wisconsin Alzheimer’s Disease Research Center
Sanjay Asthana, MD, Director, Wisconsin Alzheimer’s Disease Research Center

Nutrition and Dementia: The MIND Trial
Martha Clare Morris, ScD, Director, Rush Institute for Healthy Aging and the MIND Center for Brain Health at Rush University

Keys to a Healthy Heart and a Healthy Mind
Heather Johnson, MD, Associate Professor, UW Division of Cardiovascular Medicine

The Role of Exercise in Healthy Aging
Jill Barnes, PhD, Assistant Professor, UW-Madison Department of Kinesiology

Q&A Panel/Audience Questions
Martha Clare Morris, ScD
Heather Johnson, MD
Jill Barnes, PhD
Art Walaszek, MD
Nathaniel Chin, MD
Dr. Martha Clare Morris is an authority on nutrition and aging and creator of the MIND diet for healthy brain aging. A professor of epidemiology, she is director of the Rush Institute for Healthy Aging and the MIND Center for Brain Health at Rush University.

Dr. Sanjay Asthana, associate dean for gerontology at the UW School of Medicine and Public Health, is director of the Wisconsin Alzheimer’s Disease Research Center. Dr. Asthana has been diagnosing and treating patients at the UW Health Memory Clinic since 2001.

Dr. Heather Johnson is associate professor in the Division of Cardiovascular Medicine at the UW School of Medicine and Public Health. Her research focus is in finding better ways to help patients control high blood pressure and other heart disease risk factors.

Dr. Jill Barnes is assistant professor in the Department of Kinesiology at UW-Madison. Her research interests include the regulation of blood flow and blood pressure in humans, and how this changes with aging and exercise.

Dr. Art Walaszek is a geriatric psychiatrist with UW Health and a professor of psychiatry at the UW School of Medicine and Public Health. He specializes in treating older adults with depression, anxiety, and dementia.

Dr. Nathaniel Chin is assistant professor of medicine, geriatrics and gerontology, at the UW School of Medicine and Public Health. Dr. Chin sees patients in the UW Health Memory Clinic and runs a research program focused on improving Alzheimer’s disease and dementia patient care.
About the Wisconsin ADRC

The Wisconsin Alzheimer’s Disease Research Center (ADRC) combines academic, clinical, and research expertise from the University of Wisconsin School of Medicine and Public Health and the Geriatric Research, Education and Clinical Center (GRECC) of the William S. Middleton Memorial Veterans Hospital in Madison, Wisconsin. Founded in 2009, the ADRC receives funding from private, university, state, and national sources, including a National Institutes of Health/National Institute on Aging grant for Alzheimer’s Research Centers (P50-AG033514).

www.adrc.wisc.edu | adrc@medicine.wisc.edu