



# Siblings Caring for Parents with Dementia



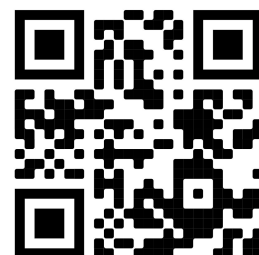
Do you and one of your siblings provide care for a parent with Alzheimer's disease or related dementia? Families are welcome to participate regardless of whether the parent with ADRD resides in their own home, with other family members, in a residential facility, memory care unit, or some other setting.

If you are interested in participating, contact Dr. Megan Gilligan at [mgilliga@iastate.edu](mailto:mgilliga@iastate.edu) | Phone: +1-515-294-5074 or fill out the qualifying survey at the below QR code or URL: <https://tinyurl.com/3b6ab2sk>

Participation can happen completely from your own home. You and one of your siblings will:

- Complete online surveys
- Participate in a 90-minute online video meeting about caring for your parent with ADRD
- Self-collect hair and saliva samples to measure stress hormones

Participants will receive up to \$95 each for completing the study.



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