

Healthy Living with Mild Cognitive Impairment (MCI) Education Series

Helping people across Wisconsin live and cope with an MCI diagnosis

March 15 | June 14 | September 13 | and December 13, 2024

9:30–11:30 a.m.

Register to attend each program in person throughout the year at one of six locations across Wisconsin in Brown, Dane, Dodge, Jefferson, La Crosse, or Rock counties. Or, participate from anywhere, live online via Zoom. **Programs are free and open to the public.**

March 15

Precision Medicine: Alzheimer's Disease Biomarkers and New Therapies



Guests:
Sterling Johnson, PhD,
and Robert Przybelski, MD

June 14

You Are More Than Your Diagnosis: Adapting to Life with Mild Cognitive Impairment



Guest:
Adrienne Johnson,
PhD

Sept 13

Heart Health is Brain Health: Reducing Vascular Risk Factors for a Healthier Mind



Guest:
Cynthia Carlsson,
MD, MS

Dec 13

Amplify Your Life, Sharpen Your Mind: How Managing Hearing Loss Can Help Your Memory



Guest:
Pamela Souza,
PhD

Find registration information at adrc.wisc.edu/mci or by scanning the QR code below. In person event locations include:

Brown County

Event location: Aging and Disability Resource Center of Brown County

Dane County

Event location: Madison Senior Center

Dodge County

Event location: Mayville Senior Center

Jefferson County

Event location: Watertown Public Library

La Crosse County

Event location: Black River Beach Neighborhood Center

Rock County

Event location: Dr. Daniel Hale Williams Resource Center



About the Series:

Healthy Living with Mild Cognitive Impairment (MCI) is a support and educational series for people with MCI and their care partners. Classes offer attendees guidance and science-backed strategies for living and coping with a diagnosis of MCI.

Join **Nathaniel Chin, MD**, and **Jennifer McAlister, BA**, from the Wisconsin Alzheimer's Disease Research Center, and guest speakers, to learn more about Mild Cognitive Impairment (MCI). Each program will end with a Q&A session.

Questions?

Contact Jennifer McAlister at 608-262-9640 or jmcAlister@medicine.wisc.edu



Wisconsin Alzheimer's Disease Research Center
UNIVERSITY OF WISCONSIN
SCHOOL OF MEDICINE AND PUBLIC HEALTH



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