Healthy Living with Mild Cognitive Impairment (MCI) Education Series

Helping people across Wisconsin live and cope with an MCI diagnosis

March 15 | June 14 | September 13 | and December 13, 2024
9:30–11:30 a.m.

Register to attend each program in person throughout the year at one of six locations across Wisconsin in Brown, Dane, Dodge, Jefferson, La Crosse, or Rock counties. Or, participate from anywhere, live online via Zoom. Programs are free and open to the public.

March 15
Precision Medicine: Alzheimer’s Disease Biomarkers and New Therapies

Guests: Sterling Johnson, PhD, and Robert Przybelski, MD

June 14
You Are More Than Your Diagnosis: Adapting to Life with Mild Cognitive Impairment

Guest: Adrienne Johnson, PhD

Sept 13
Heart Health is Brain Health: Reducing Vascular Risk Factors for a Healthier Mind

Guest: Cynthia Carlsson, MD, MS

Dec 13

Guest: Pamela Souza, PhD

Find registration information at adrc.wisc.edu/mci or by scanning the QR code below. In person event locations include:

Brown County
Event location: Aging and Disability Resource Center of Brown County

Dane County
Event location: Madison Senior Center

Dodge County
Event location: Mayville Senior Center

Jefferson County
Event location: Watertown Public Library

La Crosse County
Event location: Black River Beach Neighborhood Center

Rock County
Event location: Dr. Daniel Hale Williams Resource Center

About the Series:
Healthy Living with Mild Cognitive Impairment (MCI) is a support and educational series for people with MCI and their care partners. Classes offer attendees guidance and science-backed strategies for living and coping with a diagnosis of MCI.

Join Nathaniel Chin, MD, and Jennifer McAlister, BA, from the Wisconsin Alzheimer’s Disease Research Center, and guest speakers, to learn more about Mild Cognitive Impairment (MCI). Each program will end with a Q&A session.

Questions?
Contact Jennifer McAlister at 608-262-9640 or jmcalister@medicine.wisc.edu

ADRC of Brown, Dodge, Jefferson, La Crosse, and Rock counties are committed to unbiased service and cannot endorse nor recommend any organization, product, or service.

Wisconsin Alzheimer’s Disease Research Center
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