



Wisconsin Alzheimer's
Disease Research Center
UNIVERSITY OF WISCONSIN
SCHOOL OF MEDICINE AND PUBLIC HEALTH



2018 Annual **FALL LECTURE**

Resilience in Brain Aging

October 1, 2018

5:00–8:00 PM

Gordon Dining & Event Center

PROGRAM & AGENDA



Health professionals can earn 0.3 CEU credits by attending this event. Pick up a yellow CEU application at the registration table and turn it in at the end of the event.

SPEAKERS



Sanjay Asthana, MD, associate dean for gerontology at the UW School of Medicine and Public Health, is director of the Wisconsin Alzheimer's Disease Research Center. Dr. Asthana has been diagnosing and treating patients at the UW Health Memory Clinic since 2001.



Cynthia Carlsson, MD, MS, is a geriatrician at the William S. Middleton VA Hospital where she treats veterans with dementia. She conducts research into the effectiveness of medications used to treat Alzheimer's disease at the UW School of Medicine and Public Health, and serves as interim director of the Wisconsin Alzheimer's Institute.



Dorothy Edwards, PhD, is professor of kinesiology and medicine at UW-Madison, director of the UW Collaborative Center for Health Equity, and serves as Outreach, Recruitment, and Education Leader in the Wisconsin Alzheimer's Disease Research Center. She studies the effects of aging on functional independence and quality of life.



Carol Koby is executive producer and host of *All About Living* and *Living Minutes* on Mid-West Family Broadcasting stations HANK AM 1550 and 97.7 FM. Her shows promote the philosophy that age is not a deterrent to being an active participant in a complex world. Koby is interim director of the Alzheimer's & Dementia Alliance of Wisconsin.



Kimberly Mueller, PhD, CCC-SLP, is a speech-language pathologist with the Department of Communication Sciences and Disorders at UW-Madison. She studies changes in speech and language that occur during normal aging and dementia.



Emily Rogalski, PhD, is a clinical neuroscientist and an aging and dementia researcher at Northwestern University's Feinberg School of Medicine, where she also serves as associate director of the Mesulam Cognitive Neurology and Alzheimer's Disease Center. She is an expert on SuperAging, in which people seem resistant to age-related changes in memory and thinking skills.

AGENDA

5:00–6:00 PM

Healthy Aging Resource Fair and Refreshments

6:00–8:00 PM

Program

Welcome and Introductions

Carol Koby

**Update from the Wisconsin Alzheimer's Disease
Research Center**

Dr. Sanjay Asthana

**Optimizing Healthspan: Lessons from the
Northwestern SuperAging Research Program**

Dr. Emily Rogalski

**What Effects Do Medications, Supplements and
Vitamins Have on Memory?**

Dr. Cynthia Carlsson

**Active Minds: The Roles of Cognitive and
Social Engagement in Healthy Brain Aging**

Dr. Kimberly Mueller

Q&A Panel/Audience Questions

Dr. Emily Rogalski

Dr. Cynthia Carlsson

Dr. Kimberly Mueller

Dr. Sanjay Asthana

Closing Remarks

Dr. Dorothy Edwards

SPONSORS



About the Wisconsin ADRC

The Wisconsin Alzheimer's Disease Research Center (ADRC) combines academic, clinical, and research expertise from the University of Wisconsin School of Medicine and Public Health and the Geriatric Research, Education and Clinical Center (GRECC) of the William S. Middleton Memorial Veterans Hospital in Madison, Wisconsin. Founded in 2009, the ADRC receives funding from private, university, state, and national sources, including a National Institutes of Health/National Institute on Aging grant for Alzheimer's Research Centers (P50-AG033514).

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