# 2025 Healthy Living with Mild Cognitive Impairment (MCI) Education Series

A free quarterly support and education series about brain health and living well with MCI

## Cognitive Testing and Brain Imaging Explained September 12 9:30–11:30 a.m.

### Guest: Victoria Williams, PhD

Participants will learn how doctors use cognitive tests and brain scans to understand changes in memory and thinking, why these changes might be happening and how these tests can help find answers.

Register to attend the program in person at one of eight locations across Wisconsin. Or, participate from anywhere, live online via Zoom. **Free and open to all.** 



Find registration information at <u>adrc.wisc.edu/mci</u> or by scanning the QR code below. In person events are available at the following locations across Wisconsin:

- Brown County
- Dane County
- Dodge County
- Grant County
- Green County
- La Crosse County
- Oneida Nation
- Rock County



### About the Series:

Healthy Living with Mild Cognitive Impairment (MCI) offers attendees guidance and science-backed strategies for living and coping with memory and thinking changes.

## Join Nathaniel Chin, MD, and Jennifer McAlister, BA,

from the Wisconsin Alzheimer's Disease Research Center, and guest speakers, to learn more about Mild Cognitive Impairment (MCI). Each program will end with a Q&A session.

### **Questions?**

Contact the Wisconsin ADRC at 608-265-0407 or adrc@medicine.wisc.edu

### Presented by:



Wisconsin Alzheimer's Disease Research Center

UNIVERSITY OF WISCONSIN SCHOOL OF MEDICINE AND PUBLIC HEALTH

#### **Community Partners:**



Your Bridge to Support



The ADRCs of Brown, Dane, Dodge, Grant, Green, La Crosse, and Rock counties and the Oneida Nation are committed to unbiased service and cannot endorse nor recommend any organization, product, or service.