

# Thank you...

*for participating in our research. Our science depends on volunteers.  
We couldn't do it without you!*

*Please enjoy this research program update from Dr. Carey Gleason.*



Wisconsin Alzheimer's  
Disease Research Center  
UNIVERSITY OF WISCONSIN  
SCHOOL OF MEDICINE AND PUBLIC HEALTH

## New Programs and Initiatives

- Debut of the **Precious Memories Choir**, a musical group for people with memory loss and their caregivers.
- Launch of **Black Leaders for Brain Health**, a collaboration of the Nehemiah Center for Urban Leadership and the Wisconsin Alzheimer's Disease Research Center. The mission of this group is to guide the science at the Wisconsin ADRC to meet four goals and objectives: 1) ensure discoveries are directed toward enriching the lives of Black people affected by Alzheimer's disease and related dementias; 2) hold researchers and their staffs accountable to meet medical ethical standards in their treatment of Black study participants; 3) provide voice and perspective throughout the research study process; and 4) inform researchers about required cultural competence to guide and improve research projects and research teams.
- **Get Movin'** exercise classes taught by Venus Washington move online, free to everyone on Facebook and YouTube.
- Dr. Shenikqua Bouges received a grant to study the **impact of trust on an individual's willingness to participate in Alzheimer's disease research**.
- Dr. Carey Gleason, Melissa Metoxen and Dr. Maria Mora Pinzon received a grant that will support a team of scientists and communications experts who will deliver important and culturally tailored **COVID-19 information and resources to Wisconsin's African American, Latino, and American Indian communities through social media.**



Venus Washington



Dr. Shenikqua Bouges

**Please contact Fabu Carter at  
(608) 235-4745 if you are interested in  
learning more about these programs.**

# Why are we doing this?

*Our research efforts and work to find ways to build brain health have a purpose — to help people live long, healthy lives. Each year during our appreciation event, Dr. Carey Gleason highlights at least one person who has succeeded in living a long and healthy life. We wanted to inspire you this year with the stories below.*

## Celebrate Life and Longevity

### Mr. CP Crawford

*Lived to 112 years young*

- Oldest living American from 2/2019 until his death on November 23, 2019
- At the time of his death, he was the second oldest person in world
- Born in Jackson, Mississippi on August 25, 1907
- Youngest of 6 children
- His mom died when he was an infant and he was raised by aunts and uncles
- Named after a preacher — his name is 'CP'
- Loved the White Sox. Attended his first game in September 2019
- Was alert and talkative up until a few weeks before he died
- **His secret to long life: "Put God before anything, eat right and mind your own business"**



### Mr. Jessie Woodard Sr.

*109 years young*

- Pictured here with his son, Mr. Jessie Woodard Jr., who is 86
- From Mississippi
- He advises people to live a good life and try not to judge others
- Mr. Jessie says that **he lives a good life because he believes in God, treats people right, and works hard**

