

Healthy Living with Mild Cognitive Impairment: An Overview



November 18, 2022

9:30–11:30 a.m.

Online/Via Zoom

Join Nathaniel Chin, MD, and Bonnie Nuttkinson, MS, from the Wisconsin Alzheimer's Disease Research Center and Jennifer McAlister, BA, from the Alzheimer's Association Wisconsin Chapter to learn more about Mild Cognitive Impairment (MCI). They will share information about MCI, the Wisconsin Alzheimer's Disease Research Center, the Health Living with MCI educational series, living well with chronic conditions, and Alzheimer's Association services. The program will end with a Q&A session.

Healthy Living with Mild Cognitive Impairment (MCI) is a support and educational series for people with MCI and their families. Classes offer attendees support, guidance, and science-backed strategies for living and coping with a diagnosis of MCI.

Register for this free class at: go.wisc.edu/394r59

Questions? Contact Bonnie Nuttkinson at (608) 265-0407 or bnuttkin@medicine.wisc.edu

About the Speakers

Nathaniel Chin, MD, treats patients with memory concerns at UW Health memory clinics and serves as medical director of the Wisconsin Alzheimer's Disease Research Center. Dr. Chin collaborates with Alzheimer's disease researchers at UW-Madison and oversees the clinical care provided to Alzheimer's disease research participants.

Bonnie Nuttkinson, MS, is an outreach and recruitment specialist at the Wisconsin Alzheimer's Disease Research Center and has over 15 years of experience supporting families and people living with dementia. She informs and educates the community on the center's mission, and works to recruit and retain research volunteers.

Jennifer McAlister, BS, has worked professionally in dementia care for over 25 years and is the program manager of family services with the Alzheimer's Association Wisconsin Chapter. She provides care consultation services, facilitates skill-building education workshops and support groups, and oversees the Direct Connect Referral Program for people living with dementia, their families, and care partners.

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