

Healthy Living with Mild Cognitive Impairment: Clearing the Air about Cigarettes and the Aging Brain



January 14, 2022
9:30–11:30 a.m.

Online/Via Zoom

According to the World Health Organization, 14% of dementia cases may be caused by cigarette smoking. Adrienne Johnson, PhD, will offer a science-informed presentation on cigarette smoking in aging and cognitively impaired adults. Johnson will share the latest research on cigarette smoking and its effects on the brain as well as how quitting at any age can reduce a person's risk for Alzheimer's disease and related dementias and slow cognitive decline.

This class is designed for people living and coping with a diagnosis of mild cognitive impairment and their families.

How to Register

Register for this free class at <https://go.wisc.edu/fw4j9f>

Questions? Contact Bonnie Nuttkinson at (608) 265-0407 or bnuttkin@medicine.wisc.edu

About the Speakers

Adrienne Johnson, PhD, is an assistant scientist at the UW Center for Tobacco Research and Intervention (UW-CTRI). Dr. Johnson's research focuses on reducing the negative impacts of smoking and better understanding the role of smoking on brain health, particularly Alzheimer's disease and related dementias.

Nathaniel Chin, MD, treats patients with memory concerns at UW Health memory clinics and serves as medical director of the Wisconsin Alzheimer's Disease Research Center. Dr. Chin collaborates with Alzheimer's disease researchers at UW–Madison and oversees the clinical care provided to Alzheimer's disease research participants.

About the Series

Healthy Living with Mild Cognitive Impairment (MCI) is a support and educational series for people with MCI and their families. Classes offer attendees support, guidance, and science-backed strategies for living and coping with a diagnosis of MCI.



**Wisconsin Alzheimer's
Disease Research Center**
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