

# Community Resource Guide for Dementia Patients and Caregivers



## **Aging and Disability Resource Center of Dane County (ADRC)**

608-240-7400 • 2865 N. Sherman Ave, Madison, WI 53704 • [www.daneadrc.org/](http://www.daneadrc.org/)

*Your local aging and disability resource center (ADRC) is the first place to go to get accurate, unbiased information on all aspects of life related to aging or living with a disability. The ADRC provides information on a broad range of programs and services, helps people understand the various long-term care options available to them, helps people apply for programs and benefits, and serves as the access point for publicly funded long-term care.*

## **Agrace Hospice and Palliative Care**

(800) 553-4289 • 5395 E. Cheryl Parkway, Madison, WI 53711 • [www.agrace.org](http://www.agrace.org)

*Agrace is a nonprofit, community-based health care agency. It provides hospice and palliative care services in private homes, and in skilled nursing, assisted living and other community residential facilities across southern Wisconsin and northern Illinois. Offices are located in Madison, Janesville, and Baraboo, Wisconsin; and in Rockford, Illinois.*

## **Alzheimer's Association, South Central Wisconsin**

312-335-4078 • 2820 Walton Commons, Ste 132, Madison, WI 53718 • [www.alz.org/scwisc](http://www.alz.org/scwisc)

*The South Central Wisconsin chapter of the Alzheimer's Association serves nine counties in Wisconsin. It provides reliable information and care consultation; creates supportive services for families; increases funding for dementia research; and influences public policy changes.*

## **Alzheimer's & Dementia Alliance of Wisconsin**

608-232-3405 • 517 North Segoe Rd, Ste 301, Madison, WI 5370 • [www.alzwisc.org](http://www.alzwisc.org)

*The Alzheimer's & Dementia Alliance of Wisconsin is a nonprofit organization specifically designed to provide a link to resources for people with Alzheimer's disease or related dementias. It is also deeply concerned with providing support to those who care for persons with dementia. Its mission is to help caregivers take care of themselves as well as provide a quality life for the person with Alzheimer's disease or a related dementia.*

## **Board on Aging and Long-Term Care**

800-815-0015 • 1402 Pankratz Street, Ste 111, Madison, WI 53704 • [longtermcare.wi.gov](http://longtermcare.wi.gov)

*The mission of the Board on Aging and Long Term Care is to advocate for the interests of the state's long-term care consumers, to inform those consumers of their rights, and to educate the public at large about health care systems and long term care.*

## **Coalition of Wisconsin Aging Groups (CWAG) – Elder Law Center**

608-224-0606 • 6320 Monona Dr, Ste 305 and 307, Monona, WI 53713 • [www.cwagwisconsin.org](http://www.cwagwisconsin.org)

*CWAG provides direct victim services around issues affecting seniors through the programs of the Elder Law Center, including the Elder Financial Empowerment Project and the Wisconsin Identity Theft Coalition.*

## **“Dementia Matters” Podcast**

608-262-2687 • 600 Highland Avenue, J5/1M, Madison, WI 53792-2420 • [www.adrc.wisc.edu/dementia-matters](http://www.adrc.wisc.edu/dementia-matters)

*“Dementia Matters” is a program of the Wisconsin Alzheimer's Disease Research Center. Host Dr. Nathaniel Chin interviews guests about the latest headlines, research, and resources related to Alzheimer's disease and caregiving.*

# Community Resource Guide for Dementia Patients and Caregivers



## **East Madison/Monona Coalition of the Aging**

608-223-3100 • 4142 Monona Dr, Madison, WI 53716 • [www.emmca.org](http://www.emmca.org)

*The mission of the Monona Area Dementia Friendly Community Coalition is to collaborate with businesses, organizations, and residents to offer education and information on resources to enhance the quality of life for persons with dementia as well as their families, friends, and caregivers.*

## **Independent Living, Inc.**

608-274-7900 • 2970 Chapel Valley Road, Suite 203, WI 53705 • [www.independentlivinginc.org](http://www.independentlivinginc.org)

*The program supports adults as they manage their independence by providing a variety of care services, skilled home health care and housing options to maintain health and wellbeing.*

## **Madison School & Community Recreation (MSCR), Goodman-Rotary 50+ Fitness**

608-204-3023 • 3802 Regent Street, Madison, WI 53705 • [www.msqr.org/our-programs/50-fitness-programs](http://www.msqr.org/our-programs/50-fitness-programs)

*The program serves more than 5,000 older adults in 224 classes including aqua exercise, strength training, low-impact fitness, yoga, Tai Chi, golf, walking clubs, and many more at affordable prices.*

## **North/Eastside Senior Coalition (NESCO)**

608-243-5252 • 1625 Northport Dr #125, Madison, WI 53704 • [nescoinc.org](http://nescoinc.org)

*The North/Eastside Senior Coalition offers a variety of programs, case management, events, dining, and other supportive services to help strengthen its community's seniors and build a better community for people of all ages.*

## **Office for the Blind and Visually Impaired**

608-266-3256 • 1 W Wilson Street, PO Box 2659, Madison, WI 53701 • [www.dhs.wisconsin.gov/blind/index.htm](http://www.dhs.wisconsin.gov/blind/index.htm)

*Rehabilitation services are provided by the Office for the Blind and Visually Impaired (OBVI) to help individuals who are blind or visually impaired to achieve their own goals of independent living.*

## **RSVP of Dane County**

608-238-7787 • 6501 Watts Rd, Ste 250, Madison, WI 53719 • [www.rsvpdane.org](http://www.rsvpdane.org)

*Its mission is to make a positive impact in the community by recruiting volunteers 55 and older to help deliver priority services to people of all ages, providing Dane County with a valuable resource.*

## **SAIL - Sharing Active Independent Lives**

608-230-4321 • 6209 Mineral Point Rd, Ste 210, Madison, WI 53705 • [www.sailtoday.org/](http://www.sailtoday.org/)

*SAIL is a vibrant non-profit membership organization of people 55+ living in the greater Madison area. They encourage seniors to help one another live meaningful, happy lives on their own terms. SAIL provides services and resources to draw from as well as educational and social opportunities that help seniors stay connected.*

## **South Madison Coalition of the Elderly**

608-251-8405 • 128 E. Olin Ave, Ste 110, Madison, WI 53713 • [www.smcelder.com](http://www.smcelder.com)

*The South Madison Coalition of the Elderly is a nonprofit agency providing social services for older adults.*

# Community Resource Guide for Dementia Patients and Caregivers



## **SPARK! Cultural Programming for People with Memory Loss**

---

608-256-6445 ext. 156 • Various locations • [www.sparkprograms.org/](http://www.sparkprograms.org/)

*Fifteen museums serving Wisconsin and Minnesota residents are extending their cultural and historical collections to create meaningful experiences for older adults experiencing dementia and memory loss, and their care partners. The SPARK! Alliance connects the museums with local partners in healthy aging to bring the model to museums, senior centers and programming organizations throughout the Midwest. Participating Madison-area museums include the Wisconsin Historical Society, Madison Children's Museum, and the Wisconsin Veterans Museum.*

## **UW Health**

---

[www.uwhealth.org](http://www.uwhealth.org)

*UW Health is the integrated health system of the University of Wisconsin-Madison serving more than 600,000 patients each year in the Upper Midwest and beyond with approximately 1,500 physicians and 16,500 staff at six hospitals and more than 80 outpatient sites.*

## **UW Institute on Aging – MIDUS**

---

608-262-1818 • 1300 University Ave, 2245 MSC, Madison, WI 53706 • <http://aging.wisc.edu/research/midus.php>

*The mission of the Institute on Aging of the University of Wisconsin-Madison is to promote, through excellence in multidisciplinary research, education, and practice, the health and well-being of the rapidly expanding aging populations in local communities, states, and society at large. Its Midlife in the U.S. (MIDUS) study was established in 2002 and includes more than 7,000 Americans.*

## **UW Osteoporosis Clinical Research Program**

---

608-265-6410 • 2870 University Ave, Ste 100, Madison WI 53715 • [www.uwosteoporosis.org](http://www.uwosteoporosis.org)

*Its goal is to prevent fractures, thereby maintaining independence and quality of life in older adults through education, research, and clinical care.*

## **UW School of Nursing Center for Aging Research and Education (CARE)**

---

608-265-4330; 608-263-0594 • 4149 Signe Skott Cooper Hall, 701 Highland Ave, Madison WI 53705

[care.nursing.wisc.edu](http://care.nursing.wisc.edu)

*Through nursing leadership, discovery, education, and practice, the Center for Aging Research and Education (CARE) improves the health and well-being of older adults.*

## **UW SMPH Physical Therapy Program**

---

608-265-9388 • 1300 University Ave, 4215 MSC, Madison, WI 53706

[www.med.wisc.edu/education/physical-therapy-program](http://www.med.wisc.edu/education/physical-therapy-program)

*The graduate's role is to enhance physical abilities and wellness, and to improve the quality of life of persons seeking care. These roles are carried out through the processes of patient/client advocacy, and collaborative management and education of patients, families, colleagues and the community.*

## **UW Speech and Hearing Clinic**

---

608-262-3951 • Goodnight Hall, 1975 Willow Drive, Madison, WI 53706 • [csd.wisc.edu/clinic](http://csd.wisc.edu/clinic)

*The UW Speech and Hearing Clinic (UWSHC) offers evaluation, treatment, and consultation services for children and adults with speech, language, hearing, and related communication needs that are accessible, culturally competent, and evidence-based.*

# Community Resource Guide for Dementia Patients and Caregivers



## **Visiting Angels Living Assistance Services**

---

800-365-4189 • [www.visitingangels.com](http://www.visitingangels.com)

*Every senior deserves quality, affordable care and assistance. The Visiting Angels Foundation was established to assist those important organizations that ensure seniors receive the social, medical, educational, and support services they need.*

## **West Madison Senior Center**

---

608-238-7368 • 517 N. Segoe Rd, Ste 309, Madison, WI 53705 • [www.wmseniorcenter.org](http://www.wmseniorcenter.org)

*Its mission is to help older adults stay independent and active in their communities by providing programs, services, and resources. Programs and services include Case Management Program, Senior Activities, Nutrition Program, and Home Chore Program.*

## **Wisconsin Alzheimer's Disease Research Center**

---

608-263-2582 • 600 Highland Ave, J5/1 Mezzanine, Madison, WI 53792 • [www.adrc.wisc.edu](http://www.adrc.wisc.edu)

*Alzheimer's disease affects more than 5.3 million Americans today — more than 110,000 in the state of Wisconsin alone. The Wisconsin Alzheimer's Disease Research Center is working to change that. Through generous funding by the National Institute on Aging and the National Institutes of Health, the Wisconsin ADRC supports researchers in their pursuit of answers that will lead to improved diagnosis and care for patients while, at the same time, focusing on the program's long-term goal — finding a way to cure and possibly prevent Alzheimer's disease.*

## **Wisconsin Alzheimer's Institute**

---

608-263-2862 • 610 Walnut St, 9<sup>th</sup> Floor, Ste 957, Madison, WI 53726 • [www.wai.wisc.edu](http://www.wai.wisc.edu)

*The Wisconsin Alzheimer's Institute (WAI) is committed to health equity and aims to improve the quality of life of persons living with dementia and their families across the state through research and community engagement. Its purpose is to increase awareness of Alzheimer's disease and related disorders, to identify and disseminate strategies to reduce dementia risk, to convene stakeholders across the state, to improve access to quality dementia care services, and to develop and support culturally tailored, effective clinical and community-based models of care.*

## **Wisconsin Council of the Blind and Visually Impaired**

---

608-237-8103 • 754 Williamson St, Madison, WI 53703 • [wcbblind.org](http://wcbblind.org)

*Its mission is to promote the dignity and empowerment of the people in Wisconsin who are blind and visually impaired by providing services, advocating legislation, and educating the general public.*

## **Wisconsin Sleep Clinic**

---

608-232-3333 • 6001 Research Park Blvd., Madison WI 53719

[www.uwhealth.org/wisconsinsleep/wisconsin-sleep/48043](http://www.uwhealth.org/wisconsinsleep/wisconsin-sleep/48043)

*Wisconsin Sleep in Madison, Wisconsin, understands the importance of getting a good night's sleep and is here to help you get the sleep you need. It offers sleep experts for adults and children combined with the latest technology in a home-like setting. Translational research programs help them stay at the cutting-edge of both diagnosing and treating sleep disorders. Whether you're having problems falling asleep, staying asleep, or staying awake, sleep problems keep you from being your best at home, work, and play.*

*\*\*All content has been collected from online sources. Please contact organizations directly for additional information.*