

# Welcome!



## Solomon Carter Fuller Brain Health Brunch

*Learn how to live life like it's golden!*

March 16, 2019 | 8:30 a.m. – 2:30 p.m.  
Wyndham Garden Hotel



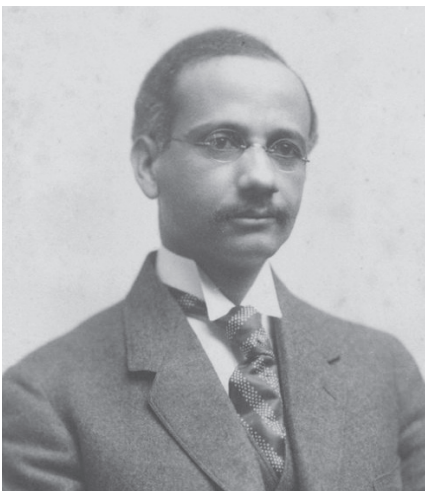
Wisconsin Alzheimer's  
Disease Research Center  
UNIVERSITY OF WISCONSIN  
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### Who Was Solomon Carter Fuller?

Dr. Solomon Carter Fuller (1872-1953) was the first African American psychiatrist and a pioneer in Alzheimer's disease research. Fuller was born in Monrovia, Liberia, the son of Americo-Liberians and grandson of former Virginia slaves. Fuller moved to the United States in 1889 to attend college, ultimately earning a medical degree from Boston University School of Medicine.

In 1904, Fuller traveled to Munich, Germany, one of five doctors from around the world chosen to work with psychiatrist Dr. Alois Alzheimer to research a disease identified to have both characteristics of memory loss and unique brain changes. Upon returning to the United States, Fuller published some of the first papers in English on "presenile dementia," which would later come to be known as Alzheimer's disease.

# Guest Presenters

## MASTER OF CEREMONIES



### Rev. Everett Mitchell, JD

Reverend Everett Mitchell, JD, is a Dane County Circuit Court Judge and Pastor at Christ the Solid Rock Baptist Church. He graduated from Morehouse College with a BA in mathematics and religion. He received a Master of Divinity in Christian Ethics and a Masters of Theology in Social Ethics. He was also a 2010 graduate of the University of Wisconsin Law School. Mitchell previously served as Dane County Assistant District Attorney for six years.

## KEYNOTE SPEAKER



### Carl V. Hill, PhD

Carl V. Hill, PhD, MPH, leads the National Institute on Aging's (NIA) efforts in stimulating health disparities research related to aging and is director of the Office of Special Populations. In this position, he helps to facilitate studies focused on health disparities; supports the development of initiatives to enhance NIA's research and training efforts targeting underrepresented groups, including minorities and women; and provides advice and guidance to senior staff on health research related to special populations.

## GUEST CHEF



### James Bloodsaw

James Bloodsaw is owner of Justveggiez, a Madison-based vegetarian and vegan catering service and food cart that provides healthier versions of popular foods. Some of his famed dishes include vegan versions of Corned Beef Rubens and barbecue ribs, jerk vegan drumsticks, and cashew pasta with truffle cream sauce. Chef Bloodsaw and Justveggiez host regular vegan meal pop-ups across Madison. In addition to operating his vegan catering business, Chef Bloodsaw is executive chef at Upstairs Downstairs Catering.

## GUEST MUSICIANS



### 'Amazing Grace' Chorus

Research has shown music therapy can offer emotional and behavioral benefits to people with Alzheimer's disease and other dementias. That was the inspiration behind the "Amazing Grace" Chorus, an outreach effort of the University of Wisconsin School of Medicine and Public Health and its Wisconsin Alzheimer's Institute regional office in Milwaukee. The chorus, which includes more than 20 singers, has given more than 25 community performances since 2014. The chorus serves to improve the quality of life of its participants and caregivers through social activity and music.

# Program Schedule

8:30 a.m.	<b>Registration and Health &amp; Wellness Fair</b>
9:30 a.m.	<b>Invocation and Invitation to Free Community Brunch</b> <i>Judge Everett Mitchell, Master of Ceremonies</i> <i>Rev. Marcus Allen, Mt. Zion Baptist Church</i>
10:00 a.m.	<b>Musical Selection, "Living Life Like It's Golden"</b> <i>Ms. Alexander Allen, Mt. Zion Baptist Church</i>
10:05 a.m.	<b>Welcome from Event Sponsors</b> <i>Sanjay Asthana, MD, Director, Wisconsin Alzheimer's Disease Research Center</i> <i>Jennifer Bauer, Executive Director, Alzheimer's &amp; Dementia Alliance of Wisconsin</i>
10:15 a.m.	<b>Keynote Address, "Double Jeopardy: The Curious Case of Health Disparities in the United States"</b> <i>Carl V. Hill, PhD, MPH</i> <i>National Institutes of Health, Office of Special Populations</i>
10:55 a.m.	<b>Audience Q&amp;A with Dr. Hill</b>
11:10 a.m.	<b>Refreshment Break and Health &amp; Wellness Fair</b>
11:30 a.m.	<b>Performance by "Amazing Grace" Chorus</b>
12:00 p.m.	<b>Caregiver Strategies Panel: Caregiver Survival Tips &amp; Overcoming Emotional Behavioral Challenges</b> <i>Panel moderator: Dr. Joann Pritchett</i> <i>Panelists: Reverend Alex Gee, PhD, Dr. Sheryl Henderson, Mary Wells</i>
1:00 p.m.	<b>Break and Health &amp; Wellness Fair</b>
1:15 p.m.	<b>Healthy Food Demonstration</b> <i>Chef James Bloodsaw, Justveggiez</i>
2:15 p.m.	<b>Closing Remarks, Evaluation, and Drawings</b> <i>Theresa Sanders and Bobby Moore,</i> <i>Co-chairs, Solomon Carter Fuller Planning Committee</i>

## Memory Screenings

Free, confidential memory screenings will be available for older adults 1:00-3:00 p.m. in conjunction with the Solomon Carter Fuller Brain Health Brunch. We recommend participating in a memory evaluation only if you or a loved one is concerned about your memory and thinking abilities. Please register for a memory screening session by contacting Hector at the Wisconsin Alzheimer's Disease Research Center table.

## Visit these exhibitors in the Health & Wellness Fair

Quartz  
UnityPoint Health–Meriter  
NewBridge  
Group Health Cooperative of  
South Central Wisconsin  
Wisconsin Well Women Program  
Agrace Hospice Care

All of Us Research Program, UW-Madison  
RSVP of Dane County  
Wisconsin Alzheimer's Institute,  
UW School of Medicine & Public Health,  
Regional Milwaukee Office  
Alzheimer's Association  
ADRC – Aging & Disability  
Resource Center of Dane County

## Thank you to our volunteers!

*We appreciate the dedication of local community groups who helped in making today a success!*

Alpha Phi Alpha Fraternity, Inc.  
Capitol City Lodge #2 F&AM Prince Hall  
Madison Alumnae Chapter of  
Delta Sigma Theta Sorority, Inc.  
The Madison Metropolitan Chapter of  
The Links, Inc. — Voter Registration  
Inaugural Solomon Carter Fuller 3-Mile Fun  
Walk/Black Men Run/Aaron Perry

Rev. Dr. Alex Gee  
Dr. Sheryl Henderson  
Judge Everett Mitchell  
“Amazing Grace” Chorus  
Chef James Bloodsaw/Justveggiez  
Carl V. Hill, PhD, MPH  
Rev. Marcus Allen  
Ms. Alexander Allen

## African American Community Advisory Board of the Alzheimer's & Dementia Alliance of Wisconsin and the Wisconsin Alzheimer's Disease Research Center

Shirley Alexander  
Jennifer Bauer  
Pam Bracey  
Susan Flowers Benton  
Fabu Carter  
Charlie Daniel, Emeritus  
Dorothy Edwards

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Carey Gleason  
Brianna Harris  
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Barbara McKinney  
Dianne McMurray

Bobby Moore\*  
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Carolyn Rumph  
Theresa Sanders\*  
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Emanuel Scarbrough  
Rev. David Smith  
Tierra Smith  
Jewelline Wiggins

*\*Committee co-chairs*